

T1-3 Individual Offensive and Defensive Skill - Video Clips

[T1 - B2 - D Knock Down High Pass-Shoot - Pro](#)

[T1 - B2 - Pass Out One Timer - Follow Thru on One Knee - Pro](#)

[T1 - B2 - Pass Out-Spin and One Timer - Pro](#)

[T1 - B5 - D Breakout Options x 3 - Pro](#)

[T1 - B7 - Face-off Technique - Pro](#)

[T1 - B5 - D Fake-Pivot-Pass x 5 - Pro](#)

[T1 - B5 - D One Touch Lateral Passing-Point Shot - Pro](#)

[T1 - B5 - D Side to Side Point Shots - Pro](#)

[T1 - B6 - Shot Pass from Corner and Tip in Front - Pro](#)

[T1 - B2 - Agility Skate and One Touch Pass - Pro](#)

[T1 - B6 - One Timer-Shot Pass - Pro](#)

[T1 - B2 - D Agility Skate with Point Shot - Pro](#)

[T1 - B5 -One Touch Pass-Shot-Shot from Pass Out - Pro](#)

[T1-3 -B6 - Stick on Puck and Shot Pass - Pro](#)

[T1 - B300 - Walk-out and High Cycle Shots - Pro](#)

[T1 - B Shoot and Score Drills - Pro](#)

[T1 A - Quick Shots off a Pass - Pro](#)

[T1 -A - Puck Handle and Shoot - Pro](#)

[T1 Obstacle Stickhandle x 3 - Shoot - Pro](#)

[T1 B300 Pass x 3 Tight Turn Shoot - Pro](#)

[T1- Agility skate - One Touch x 3 - Pro](#)

T1 - Forehand Quick Shot - Pro

T1 - D Pivot - Quick Up x 2 - Pro

T1 - D Pivot - Set up Behind - Wheel - Pass - Pro

T1 - D Take Rim - Shoot - Jump-in One Timer - Pro

T1 - F Angle Along Boards - Stick on Stick - Pro

T1 - Fake Walk-in - Pass to Front - Pro

T1 - One Touch and One Timer - Pro

T1 - Forward Take Rim Pass - Pro

T1 One Timers, Screen, Tip - Pro

T1 - Skate and One Touch Shot - Detroit

T1 - Cross-overs With Puck - Detroit

T3 - B6 Defending Player Below Goal Line - Pro

T3 - Stick on Stick - Pro

T3 - Cover Point - Down - Detroit

T3 - B5 Defensive Slide on 2-1 – Pro