

T2-4 - PP vs Passive PK - PP vs Active PK

Key Points:

Move the puck quickly and go to the net for shots. Defenders challenge the attack when there is no full control. Sticks in the passing lanes.

Description:

1. Black on power play vs. Red Defenders.
2. First do a breakout while the pk waits in the zone with sticks upside down.
3. Goal, frozen puck the coach whistles and the puck is dumped down and the PP break out vs. the pk forecheck and active defense in the zone.

Every unit of 5 repeat.

