

C – Game Situation Drills Pro

Forum Posting of Pro Practice Methods

These practice activities done by pro teams around the hockey world. There are about 220 examples and are written up in the ABC Coaches Forum. If you click on the link it takes you to the posting which has a description, diagram and video link as well as a pdf. With all of these things that you can save if you like the practice idea.

C – Game Situations 1-1 to 5-5

[C1 Angling in the Wide Lane - Pro](#)

[C2 Back Pressure-Low 3-3 - Pro](#)

[C2 Angling Drill](#)

[C2 Continuous Breakout 4-0 – Pro](#)

[C2, 2-0, 2-1, Washington - Pro](#)

[C2 Low 3-2 to 5-5 Rush and Backcheck – Pro](#)

[C2, 3-0, 1-1, 2-1 - Pro](#)

[C2-C6 - 2-1-Point Shot – Pro](#)

[C2 Regroup 5-3 Regroup 5-2 Detroit - Pro](#)

[C3-C6 - BO - 2-1 – Pro](#)

[C3 1-1 to 3-1 Pro](#)

[C3 Breakout Regroup Attack 3-2 - Pro](#)

[C3 Breakout to 2 F's and attack 3-1](#)

[C3, 3-0 3-1, 3-2 Contest](#)

[C3 Breakout, Regroup 3-2 - Pro](#)

[C3 Breakout and Two 1-1's – Pro](#)

[C3 Double Regroup 2-1 - Pro](#)

[C3 Breakout 5-0, regroup 5-0, attack 3-2](#)

[C3 - Dump-Breakout 5-0-Regroup-3-2 - Continuous – Pro](#)

[C3 - Dump-Breakout 3-0-Regroup-2-1 - Continuous – Pro](#)

[C3 - Continuous Regroup 4-2 - RB Pro](#)

[C3 - 2-2-Point Shot-2-2 – Pro](#)

[C3 - 2 on 1 Rush D Join - Defender Slide – Pro](#)

[C3, 2 on 2 With Forwards Attacking Wide from Above the Circles](#) RB

[C3, 2 on 2 With Forwards Attacking Wide from Below the Hash](#) RB

[C3, Low 2-2 F from Corner](#)

[C3 Breakout 5-0, regroup 5-0, attack 3-2](#)

[C3 - Double RG - 2-1 - Pro](#)

[C3-C6 Point Shot 2-2 – Pro](#)

[C3-C6 2-1 D Join Rush – Pro](#)

[C3 Horse Shoe 2-1 x 2 - Pro](#)

[C3 2-1 Continuous – Prospects](#)

[C3 2-1 Flow – Prospects](#)

[C3 - 1-1 and 2-1 x 2 – Pro](#)

[C3 1-1 From Blue Line - Pro](#)

[C3 - Continuous 2-0, 2-1, 3-1, 3-2 - Pro](#)

[C3 Low 2-2 Regroup in Neutral Zone 3-2](#)

[C3 - 2 on 1 D Join Attack - Pro](#)

[C3 - 2 on 1 Situation - Both Directions - Pro](#)

[C3, 2 on 2 x 2 with Regroup - Pro](#)

[C3-C600, 2 on 1 x 2 – Pro](#)

[C3-B600 2-1 x 2 - Pro](#)

[C3-C600, 1-1 x 2 - Pro](#)

[C3 1-1 to 2-2 - D Join F Backcheck-Pro](#)

[C3, 5 on 2 Attack and Forecheck - Pro](#)

[C5 Dump-in 3-2 – Pro](#)

[C6 Breakout – 4 on 1 with 2F + 2D – Pro](#)

[C6 - Low 1-1 x 2 – Pro](#)

[C6 1-1 x 3 Point Shot – Pro](#)

[C6 Regroup x 2, 1-1 and 2-1 – Pro](#)

[C6 – D Agility Skate 1-1 - Pro](#)

[C6 1 on 1 to 2 on 2 With Both Offensive and Defensive Support](#)

[C6 - Low Breakout - Regroup - 2-1 – Detroit](#)

[C6 - 1-1 to 2-2, 2-1 to 3-3, 2-2 to 4-4 - RB Pro](#)

[C6 1-1 to 2-2 - D Join F Backcheck – Multiple Examples](#)

[C6 - 2-1 from Corner 1-1 from Point – Pro](#)

[C6 D Shoot, 2-1, D Shoot - Pro](#)

[C6, 1-1, F+D Join=2-2 - Pro](#)

[C6, 2-0, Regroup, 2-1 Back - Pro](#)

[C6-600 Breakout 2F and 1D Rush 3-1 – Pro](#)

C600 Timing and 1-1 - Pro

C600 - 2-1 x 2 – Pro

C300 3 x 1 on 1 and 3 on 3 – Pro

C300 - Breakout, Double Regroup 5-2 Back Hard - Pro

C600 - 4-0 Regroup - 3-0 - 3-2 x 2 – Pro

C600 - 2 on 2 x 2 – Pro