

T4 Penalty Kill vs. 1-3-1 Diamond

Key Points:

Defend in a collapsible diamond with the top player skating up and back and only sideways if the point man skates with the puck.

Description:

1 - Skate in straight lines out from the net. Drop to the slot when the puck is passed to either side. DO NOT CHASE PASSES TO EITHER SIDE.

2-3 - Diamond when the puck is in the middle and block shot when at your side. Collapse to middle when the puck is passed to the other side.

4 - Front the screener and seal stick to the outside on a shot.

If the mid-point player with the puck skates one way the top man has to go with him. If he skates and passes back to the middle then the player who did the 'fall under' to the middle go straight out and become the high man and the original high man switch roles with him. It is a tandem rotation. Do you never allow an unchallenged shot from the point.

Key is to 'Defend from the NET Out.'

