

A300 Shoot-Rebound-Walk In-Walk out - Swedish U20

Key Points:

Shoot while skating and follow the shot for a rebound. Fake and build a wall to protect the puck. Block off the checker with your legs and back.

Description:

1. Get a pass from the coach at the blue line, skate in and shoot while moving then follow the shot for a rebound.
2. Goalie place a puck behind the net and the attacker fake and walk out while protecting the puck from the defenders stick.
3. Attacker skate to the corner and get a puck and walk in while protecting the puck and get a shot and look for a rebound.
4. Repeat the walk in from the other corner.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20120105091006975>

