

A - Triple Threat Position – Cut to the Forehand – Sw

Key Points:

Carry the puck on the forehand side of the body without handling it. This gives a triple threat of option.

- 1 - carry the puck.
- 2 - pass the puck.
- 3 - shoot the puck.

Description:

This is a very strong position for the puck carrier to be in because it allows all of the options and the offensive player has a 270 degree view of the ice to base his/her decisions on.

This is the MOST IMPORTANT puck handling skill to teach because all of the moves, dekes, shots, and passes can start from this position. So 'less is more' and 'lock and load' when you get the puck.

In this video the player holds the puck at the side, fakes outside and cuts inside pushing the puck to the forehand.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2014013018033086>

