

E300 3 on 2 Contest

Key Points:

Forwards compete with the defense and goalie. Points are awarded for shots and goals as well as defensive plays. Coach times 20" for the attack. Play ends if the puck is frozen, a goal scored or the defenders clear the zone. Record the score.

Description:

Forward Points:

- 1 point for each shot. up to 2 pts.
- 3 points for a goal.

Defenders Points:

- 3 points for stopping the rush before blue line
- 2 points for carrying the puck out of the zone
- 1 point for 0 shots within 20"

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20110707074113682>

