

Offensive Attack



2000 Play Right
International Coaches' Conference
Vancouver, British Columbia
Delegate Drill Manual





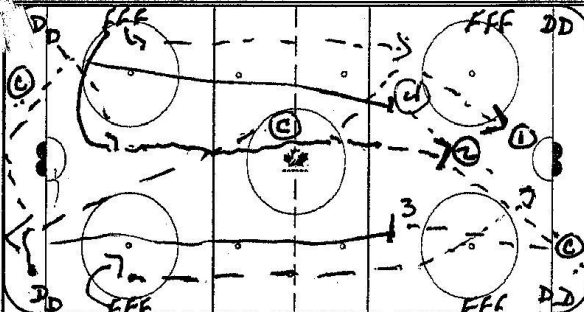
2000 PLAY RIGHT
INTERNATIONAL COACHES' CONFERENCE
Vancouver, British Columbia



Coach: **GORDIE WHITLOCK**
Team: **CHARLOTTETOWN JRA ABBIES**
Country: **CANADA**
Drill Theme: **OFFENSIVE ATTACK**

LEGEND	⊙ Coach	→ Puck Carrying
	○ ● Forwards	→ Shooting
	△ Defenders	→ Pass
	G Goalie	→ Drop Pass
	— Stop	→ Backward Skate
	X Pylon	Lateral Movement
	⊗ Pucks	— Defensive Pressure
○ OFFENSIVE		○ DEFENSIVE

Drill Name: **5 on Goal - 4 Shot Drill**

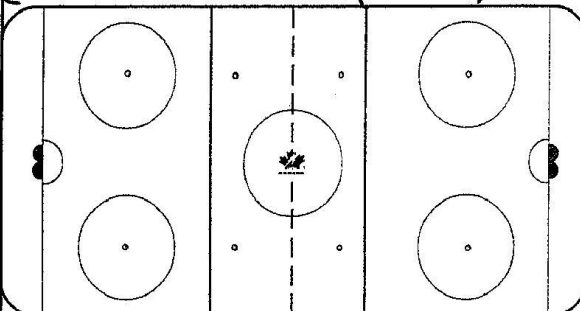


Key Teaching Points:

Positioning - Fill Lanes
Support.
Triangulate
Passing.
Screen - Tip - Deflect.
Read + React.
Net Drive
Communication.

Drill Description:

Players line up in units of 5 at each end. D's in corners + F's on hash marks. Coach at center dumps puck + calls Break-out (quick up, rim, D to D, wheel) 5 on goal 1st shot. Coach in corner makes pass to F in slot. (Shot 2) Near side D (shot 4) Far side D shot 5. ONCE complete - whistle - go from other end.



Additional Teaching Points:

ADD 1 or 2 D
+ Back checker
for 5 on 1
5 on 2
5 on 3

Progression / Options:



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Coach: YVES ARCHAMBAULT

Team: TECHNICAL DIRECTOR

Country: HOCKEY QUEBEC, CANADA

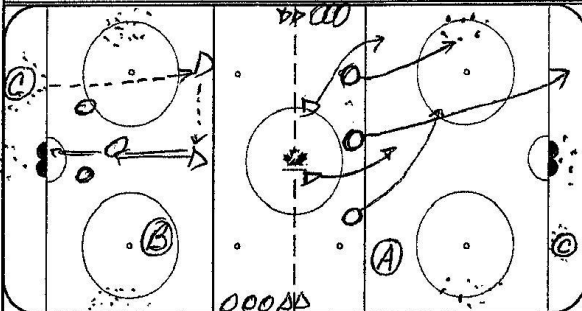
DRILL THEME: OFFENSIVE ATTACK

LEGEND	Ⓢ	Coach	~~~~~	Puck Carrying
	○ ●	Forwards	→	Shooting
	△ ▲	Defenders	→→→	Pass
	G	Goalie	→→→	Drop Pass
	—	Stop	~~~~~	Backward Skate
	X	Pylon		Lateral Movement
	●	Pucks	—	Defensive Pressure

Ⓢ OFFENSIVE

○ DEFENSIVE

DRILL NAME: THE TRIANGLE



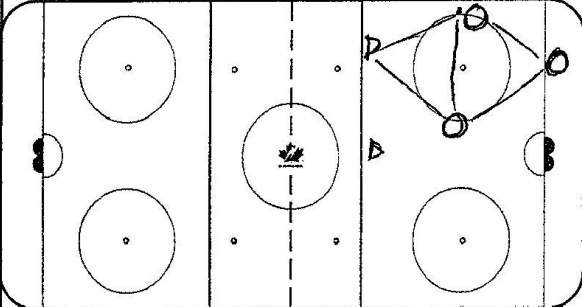
Key Teaching Points:

- RESPECT THE FORMATION OF TRIANGLES, THAT GIVES A DIRECT SUPPORT FOR THE PUCK CARRIER.
- AT THE MOMENT OF THE SHOT, THEY SHOULD HAVE AT LEAST 2 PLAYERS IN FRONT OF THE NET.
- COMPLETE THE PLAY BEFORE GOING TO THE FOLLOWING PUCKS.

DRILL DESCRIPTION:

① AT THE WHISTLE, THE 5 UNIT POSITIONS IN OFFENSIVE ZONE WITH THE PUCK CARRIER AT POINT #1. AFTER A FEW SECONDS STAND STILL, THEY HAVE TO ATTACK THE NET USING 2 PASSES. THEY MOVE ON TO THE NEXT 2 POINTS (2 AND 3) AND DO THE SAME.

② AFTER THE COMPLETION, THE COACH MAKES 2 PASSES TO THE D'S AND THEY SHOOT ON THE NET.



ADDITIONAL TEACHING POINTS:

- VARY YOUR PLAYS
- USE DIRECT, PRECISE PASS EVERY TIME IT'S POSSIBLE.
- THE D'S HAVE TO USE LONG SHOTS TO ALLOW DEFLECTIONS.
- EVERY TIME THERE'S A SHOT FROM THE D, WE NEED A MAN DIRECT IN FRONT OF THE NET AND ANOTHER AT THE OPPOSITE POST (BACK DOOR).

PROGRESSION / OPTIONS:

- 1. THEY CAN USE 1, 3, 4... PASSES BEFORE THEY SHOOT ON NET.
- 2. THEY CAN PICK PUCKS IN DIFFERENT ORDERS.
- 3. YOU CAN ADD 1 OR 2 DEFENSIVE PLAYERS TO THE DRILL.



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Coach: **KEVIN BLOCH**

Team: **KITCHENER RANGERS**

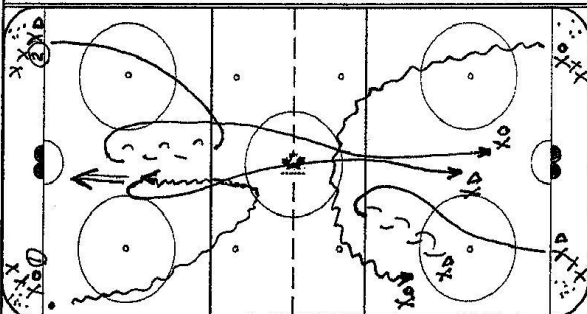
Country: **CANADA**

Drill Theme: **OFFENSIVE ATTACK**

LEGEND			
⊙	Coach	→	Puck Carrying
○	Forwards	⇒	Shooting
△	Defenders	⇄	Pass
G	Goalie	↔	Drop Pass
—	Stop	↔	Backward Skate
X	Pylon		Lateral Movement
⊗	Pucks	—	Defensive Pressure

☒ OFFENSIVE ☐ DEFENSIVE

Drill Name: **MAINE 2 ON 2**



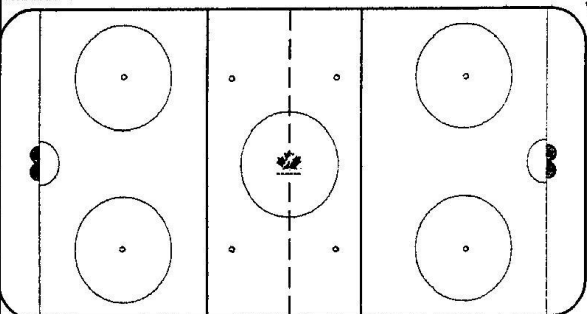
Key Teaching Points:

- GAP CONTROL
- JOINING RUSH
- BACKCHECKING
- COMMUNICATION
- SAVING ICE OR DELAY

Drill Description:

- XO① AND XD② START DRILL AS 1 ON 1
- XO (OFFENSIVE PLAYER) MUST CUT CENTRE ICE CIRCLE / XD (DEFENSIVE PLAYER) MUST CUT BLUE LINE IN CLOSING GAP
- ON WHISTLE THE TWO PLAYERS LEAVE FOR THE OTHER END WITH XD NOW ON OFFENSE AND XO ON DEFENSE. THEY JOIN 1 ON 1 CREATING 2 ON 2. CONTINUOUS, ROTATE LINES.

Additional Teaching Points:



Progression / Options:

MAY PROGRESS TO 3 ON 2 / 3 ON 3 / 4 ON 3 / 4 ON 4



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Coach: D. Renburn

Team: University of Saskatchewan

Country: Canada

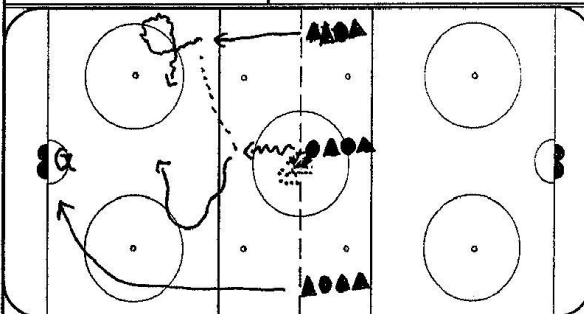
DRILL THEME: OFFENSIVE ATTACK

LEGEND	⊙	Coach	→	Puck Carrying
	○ ●	Forwards	⇒	Shooting
	△ ▲	Defenders	→→	Pass
	G	Goalie	→→→	Drop Pass
	—	Stop	↶↷	Backward Skate
	X	Pylon		Lateral Movement
	✱	Pucks	— —	Defensive Pressure

☐ OFFENSIVE

☐ DEFENSIVE

DRILL NAME: Basic Delay

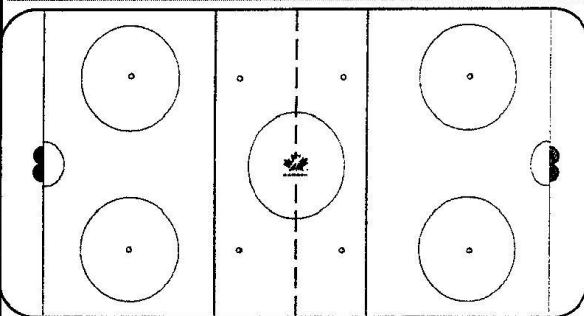


KEY TEACHING POINTS:

- players in 3 lines
- puck starts in centre
- player passes to winger
- winger does delay
- off-side winger drives net
- centre saves ice
- a triangle is set up
- attack

DRILL DESCRIPTION:

- add defense to make 3on2



ADDITIONAL TEACHING POINTS:

PROGRESSION / OPTIONS:



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HOCKEY CANADA
Calgary, Alberta



July 01. 04

Coach: MARC-ALAIN Tremblay

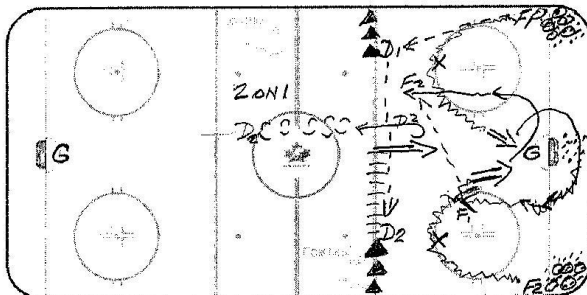
Team: Midget AA Royal Blue

Country: CALGARY, CANADA

Drill Theme: ***Offensive Attack***

LEGEND			
Ⓒ	Coach	~~~~~	Puck Carrying
○ ●	Forwards	⇒⇒	Shooting
△ ▲	Defenders	-----→	Pass
G	Goalie	⊥ ⊥	Drop Pass
—	Stop	~~~~~	Backward Skate
X	Pylon		Lateral Movement
•••••	Pucks	—	Defensive Pressure

Drill Name: THE ISLANDERS #2



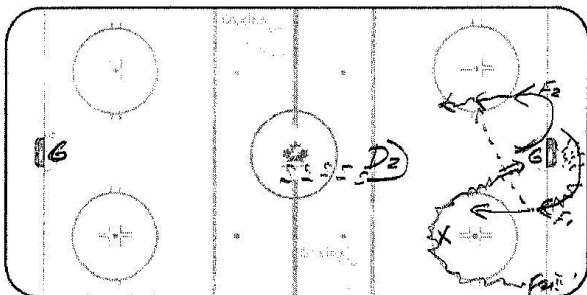
KEY TEACHING POINTS:

- SHOTS: SLAP SHOTS, FORWARD & BACKHAND.
- COMMUNICATION, D to D
- PASSING. Tape to Tape
- REBOUNDS. DEFLECTIONS.
- SCREENING.
- TIMING: F1 & F2

ADDON \Rightarrow Could HAVE 27's 2152

DRILL DESCRIPTION: 2VS1

Starts From Corner: F₁ passes to D₁, after the pass F₁ Take a 2nd puck, goes on top of stick & take a shot, after the shot he stays in front for the screen. Because during that time D₂ passes across to D₂, (cross over to the middle & D₂ takes a low shot for the screen or deflection from F₁. After the shot taken F₁ looking for rebound if no keep going behind the net for a new puck.



KEY TEACHING POINTS:

"B" After that exercise, When F1 is going for the new puck. - F2 gets a puck come around & takes a shot (Backhand or Forehand)
- After F2 shot, F2 looking for F1 coming out from behind & becomes again it's da down to the other end.

DRILL DESCRIPTION:

- Note: ALTERNATE POWERS.



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Coach: CLEMENT JODUIN

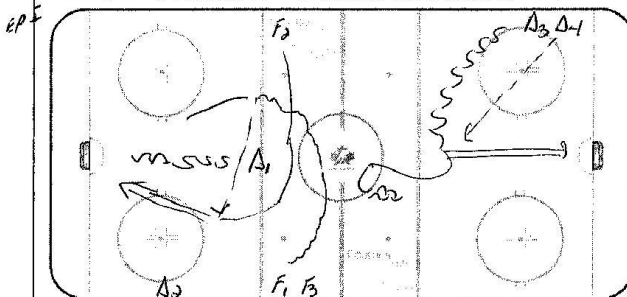
Team: LEWISTON MAINEIACS QMJHL

Country: CANADA

Drill Theme: **Offensive Attack**

LEGEND		Coach		Puck Carrying
		Forwards		Shooting
		Defenders		Pass
		Goalie		Drop Pass
		Goalie		Backward Skate
		Stop		Lateral Movement
		Pylon		Defensive Pressure
		Pucks		

Drill Name: AUGSBURG



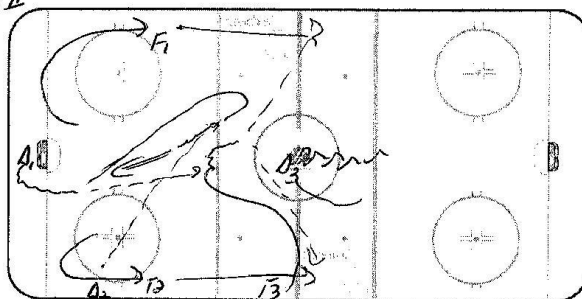
KEY TEACHING POINTS:

- F1, F2 CRISS CROSS AT THE BLUE LINE & ATTACK D1 3on1
- AT THE SAME TIME D3 SKATES BACKWARD GETS A PASS FROM D4 FOR A SHOT. AFTER HIS SHOT, HE D3 HAS TO TAKE HIS ICE TO PLAY 3on1 AGAINST F1, F2, F3

DRILL DESCRIPTION:

- DEVELOP ATTACK IN N.2
- DEVELOP TRANSITION IN N.2
- ATTACK FULL ICE

STEP II



KEY TEACHING POINTS:

- AFTER THE 3on1, D1 GOES BEHIND NET & GETS A LOOSE PUCK
- D1 TO F3, THEN F1, F2
- ATTACK D3 3on1

DRILL DESCRIPTION:

STEP III AFTER THE PASS D1 HAS TO SKATE UP IN N.2 & GETS A PASS FROM D2 & D3 HAS TO TAKE A SHOT

AFTER THE 3on1 & THE SHOT F1, F2, F3 CYCLE UP AND F1 GOES AGAINST D3 IN THE OZ



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Coach: CRAIG DIDMON

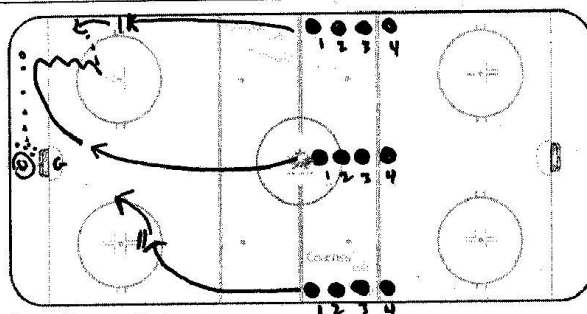
Team: VICTORIA COUGARS

Country: CANADA

Drill Theme: **Offensive Attack**

●	Coach	→	Puck Carrying
○	Forwards	⇒	Shooting
△	Defenders	→→	Pass
G	Goalie	→→→	Drop Pass
—	Stop	→→→	Backward Skate
X	Pylon		Lateral Movement
•	Pucks	—	Defensive Pressure

Drill Name: WORKING THE FORCHECK (AGGRESSIVE TRIANGLE)

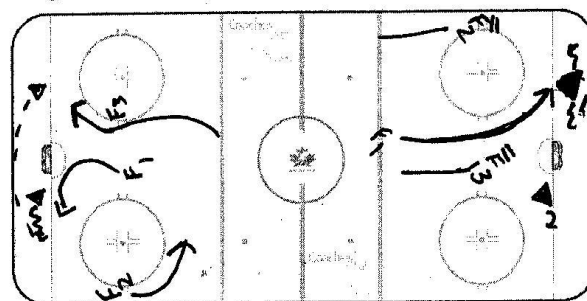


KEY TEACHING POINTS:

- teach angling (middle [F1])
- teach tracking & staying above the puck.
- take away the middle & then short side options
- (F3) needs to pounce on (D2) if they go weak side out.

DRILL DESCRIPTION:

- on the whistle first set of three head towards offensive zone in a 1-2-formation
- coach (behind net) will then - hold puck (forcing 1-2 trapping formation), throw puck in left or right corner, or move puck up boards to hash marks.
- F₁, F₂, F₃ react accordingly & move puck until coach blows whistle & then they attack the net.



KEY TEACHING POINTS:

- ← STANDARD FORMATION.
- F₁ - tracks puck carrier & takes away middle of ice. (forcing a give away)
- F₂ - takes short side boards
- F₃ - goes to slot; will attack D2 if D1 goes weak side out.

DRILL DESCRIPTION:



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Coach: GEORGE CESCOT

Team: GREATER TORONTO HOCKEY LEAGUE

Country: CANADA

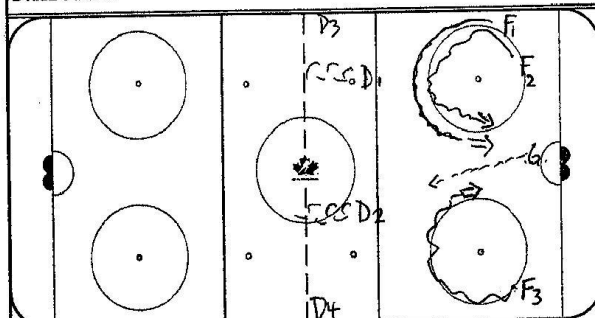
DRILL THEME: OFFENSIVE ATTACK

LEGEND	⊙	Coach	→	Puck Carrying
	○	Forwards	→	Shooting
	△	Defenders	→	Pass
	G	Goalie	→	Drop Pass
	—	Stop	→	Backward Skate
	X	Pylon		Lateral Movement
	●	Pucks	—	Defensive Pressure

○ OFFENSIVE

○ DEFENSIVE

DRILL NAME:



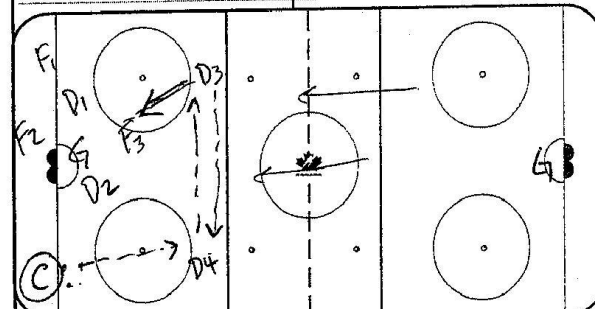
KEY TEACHING POINTS:

SHOOTING, PASSING, SKATING,
GOALTENDER REACTION/POSITION
AND HANDLING PUCK.

EVERYONE INVOLVED.

DRILL DESCRIPTION:

F1, F2, F3 START OUT W/ PUCKS. ON WHISTLE ALL FORWARDS SKATE AROUND CIRCLE WITH PUCKS. F1 SHOTS THEN F2; F3. THE GOALIE THEN MUST MAKE A PASS TO A FORWARD, WHO IN TURN MOVES THE PUCK UP THE ICE FOR A 3 ON 2. D3 + D4 JOIN THE RUSH FOR A 5 ON 2. WHILE THE PUCK IS IN THE OP OFF ZONE, D3 + D4 KEEP PASSING BACK TO EACH OTHER WHEN RECEIVING THE PUCK FROM COACH (C). FIRST WHISTLE STOPS PLAY, 2ND



ADDITIONAL TEACHING POINTS:

WHISTLE D3 OR D4 SHOTS ON NET; F3 - DEFLECTS/SCREENS.

PROGRESSION / OPTIONS:



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Coach: Mark Dieker

Team: chicago chill

Country: U.S.A.

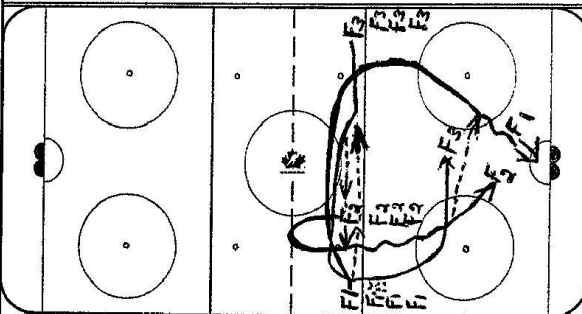
DRILL THEME: OFFENSIVE ATTACK

LEGEND	⊙	Coach	→	Puck Carrying
	○	Forwards	→	Shooting
	△	Defenders	→	Pass
	G	Goalie	→	Drop Pass
	—	Stop	→	Backward Skate
	X	Pylon		Lateral Movement
	✱	Pucks	—	Defensive Pressure

☐ OFFENSIVE

☐ DEFENSIVE

DRILL NAME:



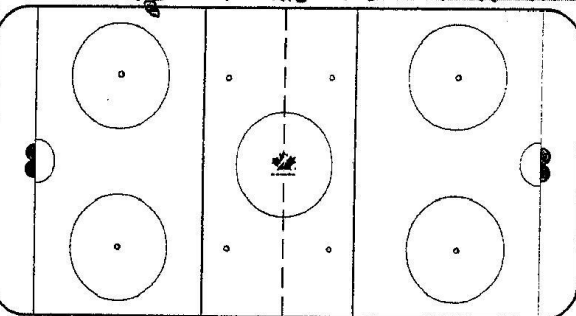
KEY TEACHING POINTS:

Timing

Read & React to puck staying on-side

DRILL DESCRIPTION:

All forwards start at the same time, F1 passes to F3 then crosses with F2, F3 after receiving pass from F1 passes to F2 who has skated to red line and back, F2 must receive pass before off-sides, All forwards cross blue line on-side and attack the net.



ADDITIONAL TEACHING POINTS:

Variations:
① Competition between lines for who scores in the fastest time
② All lines must try to score in a certain amount of time. Start with 15-seconds then reduce time as each line becomes consistently successful (12-seconds, 10-seconds, etc.)

PROGRESSION / OPTIONS:

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Coach: TIMO TUOMI

Team: ESPOO BLUES

Country: FINLAND

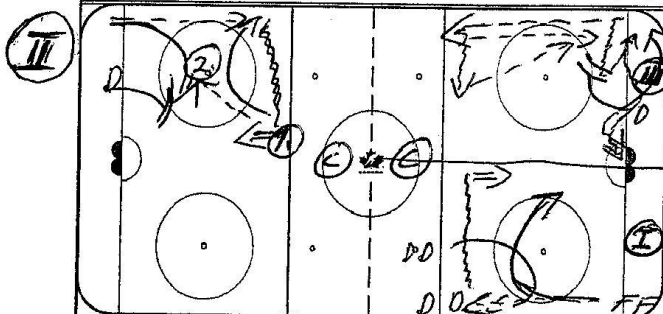
DRILL THEME: OFFENSIVE ATTACK

LEGEND	Coach	Puck Carrying
○ ●	Forwards	Shooting
△ ▲	Defenders	Pass
G	Goalie	Drop Pass
—	Stop	Backward Skate
X	Pylon	Lateral Movement
●	Pucks	Defensive Pressure

⊗ OFFENSIVE

○ DEFENSIVE

DRILL NAME: OFFENSIVE AREA DRILL

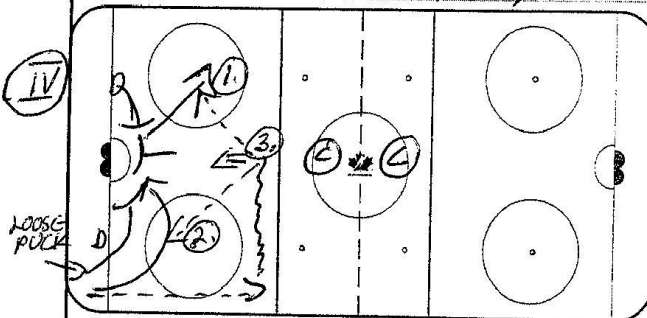


KEY TEACHING POINTS:

- Drive to the net
- Get in the shot line
- Rush for the loose puck
- Play it till the end
- Playing in the war zone

DRILL DESCRIPTION:

- I 2(d+4)-6 ⇒ the same puck or if it's a goal a new puck ⇒ shot from the blue line 1-1 II in front of the net
- ⇒ 2-1 from the corner III
- 3-2 situation in front of the net IV



ADDITIONAL TEACHING POINTS:

- D playing in front of the net
- D Gap control
- Skate for rebounds
- ALL FOUR OPTIONS IN A ROW.

(PROG. USE THE WHOLE ICE ⇒ N. ZONE TRANSITION)

PROGRESSION / OPTIONS:

- I Get in the shot line, take the loose puck
- II F Drive to the net D Gap control
- III F pair come out of the corner, block
- IV Mask, keep it wide (one timer) Drive to the net

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Coach: **KEN PAULY**

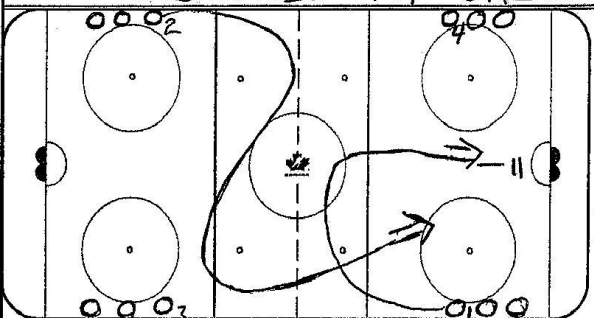
Team: **BENILDE HIGH SCHOOL**

Country: **USA**

DRILL THEME: **OFFENSIVE ATTACK**

LEGEND	⊙	Coach	→	Puck Carrying
	○ ●	Forwards	⇒	Shooting
	△ ▲	Defenders	→	Pass
	G	Goalie	→	Drop Pass
	—	Stop	→	Backward Skate
	X	Pylon		Lateral Movement
	⊗	Pucks	—	Defensive Pressure
⊗	OFFENSIVE		○	DEFENSIVE

DRILL NAME: **OVERSPEED TIP DRILL**

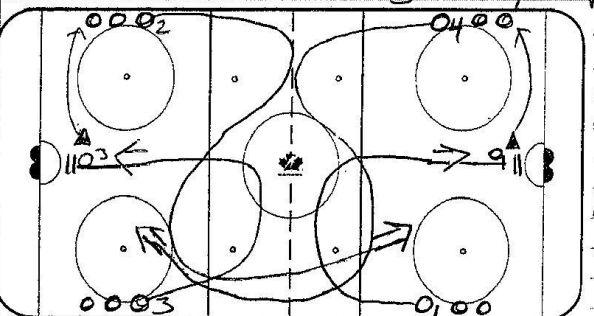


KEY TEACHING POINTS:

- Players must not cut corners while skating.
- make sure first shooter is in good tip or screen position.
- second shooter must give a shot that can be tipped - NO "BIG BLAST" slap shot.

DRILL DESCRIPTION:

1. 01 and 02 start at the same time.
2. 01 curls in for a quick shot.
3. After 01 shoots he plants himself in front of goalie.
4. 02 shoots a good low shot for a tip or screen goal.
5. After 02 shoots - 03 and 04 repeat drill.

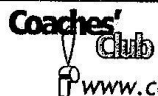


ADDITIONAL TEACHING POINTS:

- 01 and 03 become defensemen out front after their turn as forwards and so on.
- start w/ a defenseman in front of each Net

PROGRESSION / OPTIONS:

- ONCE you know your kids know the drill, all four lines CAN GO at ONCE
- YOU MAY WANT TO PLACE A defenseman in front of the net to battle the "tip man".



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