

T2-C3, 5 on 2 Four on Attack Pt 1 and Pt 2

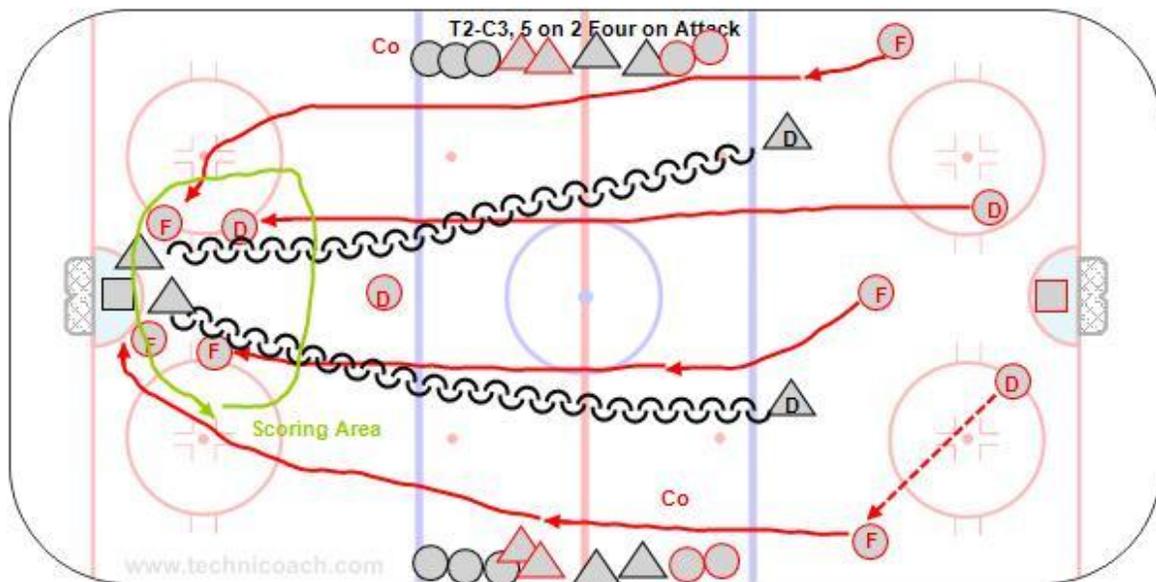
Key Points:

There must be 4 on the attack to be effective. One D must read good possession and then join the play.

Description:

A Part of the 5 on 2

1. Breakout 5 vs 2.
2. Usually the weak side D reads good possession and join the rush inside the circle.
3. The other D support from the strong side middle point.
4. If it looks like a turnover the rushing D or high forward drop back to the point.



T2-C3, 5 on 2 Four on Attack Pt 2

Key Points:

Attack with 4 in the other direction.

Description:

B Part of the 5-2 Drill

1. When the attack is over the coach blows the whistle.
2. Five new players attack vs the 2 D who were just on offense.
3. One D join the rush at least to the top of the circle.

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