

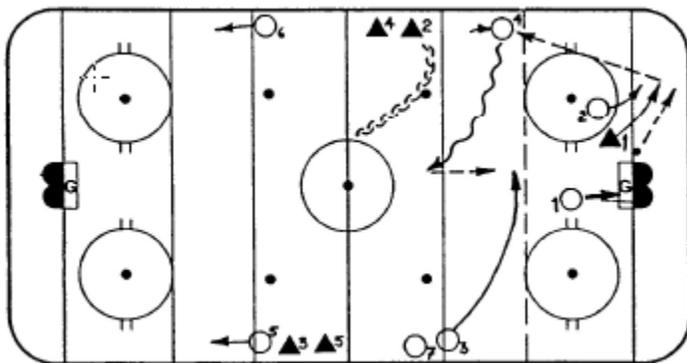
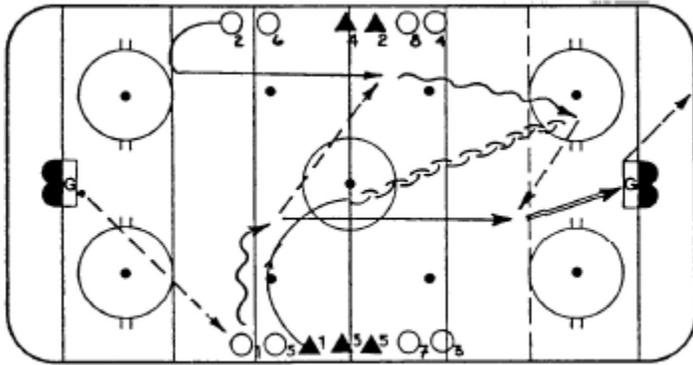
DT Full ice 2-1 Game with One Puck to Teach Transitions

Key Points:

- O1 and O2 to score (shoot, drive to the net, rebound) and to start fore/backcheck
- D1 to prevent goal (defend the middle of the ice, prevent pass, play stick in front of the goal), win the puck and to breakout to O3 and O4

Description:

1. O1 and O2 starts the drill by receiving a pass from goalie
 2. O1 and O2 quickly through NZ and play 2-1 against D1 below the ringette line
 3. after puck crosses the blue line O3 and O4 can support D1 above the ringette line
 4. D1 tries to win the puck and to pass to O3 or O4, or if puck comes over the ringette line O3 and O4 can start new 2-1 against D2
- after save goalie passes to D1 and O1 and O2 can forecheck, after goal goalie passes to D1 who passes to O3 and O4
 - O1 and O2 can fore/backcheck only to OZ blue line
 - coach can stop the 2-1 after 20s and then D1 breakouts to O3 and O4



Variation to full ice 3-2 transition game.

