

## T2 T4 D100 Controlled Scrimmage

### **Key Points:**

Work on team play concepts with the coaches on the ice.

### **Description:**

Play full strength or any situation from 3 on 3 to 6 on 5. The extra players are on the bench. If the whistle goes everyone must stop where they are so the coach can give input on what he/she wants.

<http://hockeycoachingabcs.com/mediagall ... 0123912842>

