

T2 T4 D100 Controlled Scrimmage

Key Points:

Work on team play concepts with the coaches on the ice.

Description:

Play full strength or any situation from 3 on 3 to 6 on 5. The extra players are on the bench. If the whistle goes everyone must stop where they are so the coach can give input on what he/she wants.

<http://hockeycoachingabcs.com/mediagall...0123912842>

