

C3 2 on 2 or 3 on 3

Key Points:

Play 20-30 seconds with good habits.

Description:

1. D1 pass cross ice to the F1.
2. F1 attacks net and D2 defends.
3. D1 joins attack and F2 covers him.
3. Play full ice 20-30 seconds then the other team attacks the other way.

