

T2 Breakout with Stretch Pass

Key Points:

Wing be ready for a quick up and see the puck at all times. Come back thru the middle to touch pass back to flying teammates.

Description:

Players are lined up along the boards in the C3 Formation.

A. Coach dumps the puck in for a 5-0 breakout. After rush come back 3-2.

B. Player dumps the puck in and forechecks breakout 1 on 5 and then backchecks to create a 3-3.

C. Options: add one or two more forwards to to create 2-5 or 3-5 forecheck. High player come back to make a 3-3 or 2 F come back to create a 3-4 and give backpressure and the D stand up.

