

# B600 Warm up 1-0, 2-0

## **Key Points:**

Pass hard, face the puck. Shoot, rebound and circle back to play rebound on the next shot.

## **Description:**

a. F pass to D, give wall support, D to F who skates in and shoots and rebound.

B. With 2 D 1 F's. F pass to D who go D to D and to F. Shoot and rebound next shot.

C. 2 on 0. F pass to far D. D to D while 2 F's support with one on the boards and one comes across the middle.

\*Add D follow the attack and get a pass from the coach for a second shot from the point.

