C2 - PP Breakout and Rotation - Slovakia U20

Key Points:

Double swing breakout. Usually C swing to forehand side and wings stretch at far blue line or red line and far blue line. High rotation with the F and D switching.

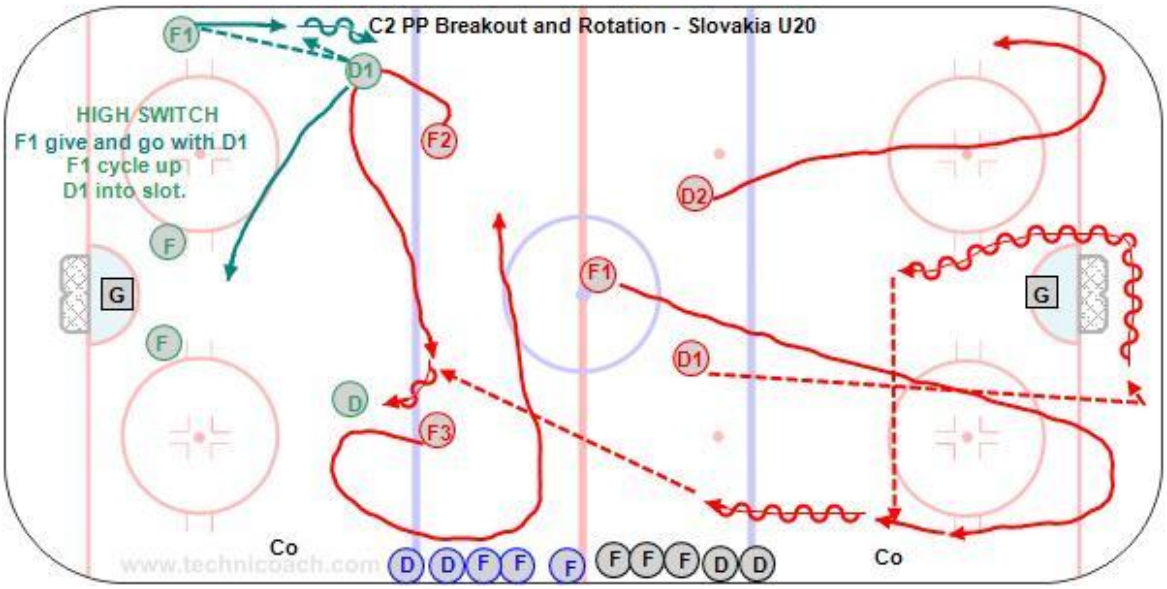
Description:

1. Five players wait in the neutral zone and D1 dump the puck in.

2. D1 skate up the middle lane while F1 and D2 swing to each side.

3. F2 and F3 are at the far blue line on each side.

4. D1 read the play and decide to carry or pas the puck.

5. Practice the 5-0 pplay with a high rotation between F1 and D1.

http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=2012121023310044