

D400 1-1 Dukla Battles

Key Points:

Put the nets at 45 degrees in each corner. Defender stick on the puck and D side. Attacker protect the puck and use fakes.

Description:

1. Players line up behind the hash.
2. Coach shoots a puck below the goal line.
3. One player from each team battles to score.
4. Play 10-15" alternating corners.

<http://hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20100821114618838>

