



Max Scoring

Pee Wee - Atom

Date: April 7

Time: 11:45

Venue: Winsport

Lines:

Skating balance and edges.

Puck Support

Triple threat position

Waggle move – fake inside go outside

Gretzky move – fake outside go inside.

Battling

Notes:

Shoot while skating

Skate inside pass outside

Outlet pass and middle

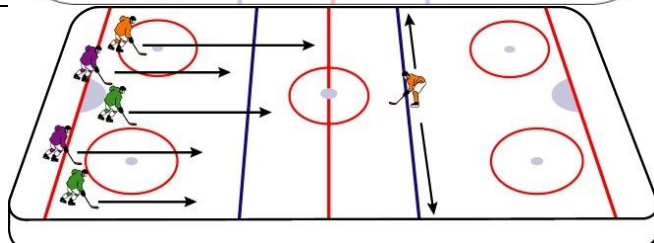
Attack with back pressure

One goalie



A2 Edges and Balance 15 min.

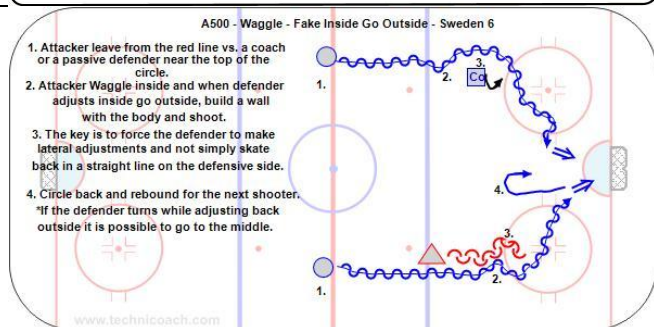
Forward and backward using all edges.



A200 Puck Dog Contest

10 min.

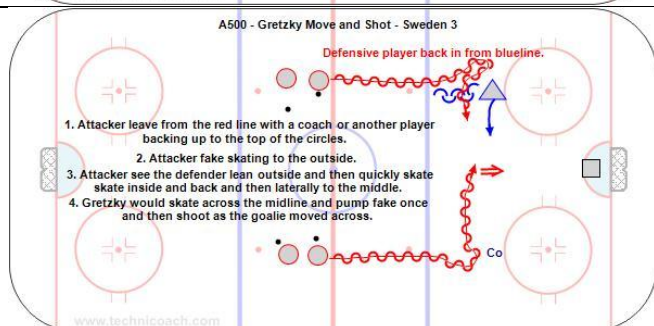
Go end to end without losing the puck.
Last one wins.



A500 Fake inside Go outside – Shoot – Rebound

10 min.

Force the defender to protect the middle
and then go wide.
Build a wall and cut in.



A500 Gretzky Move and Shot – Shoot and Rebound

10 min.

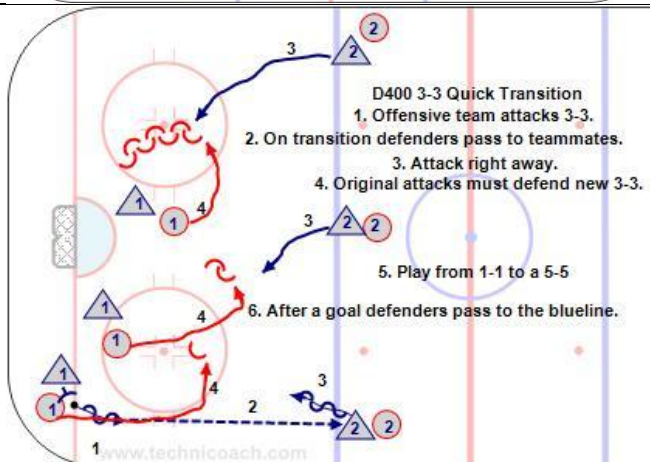
Fake outside and then waggle laterally
and to the middle.



D400 1 vs 1 vs 1

10 min.

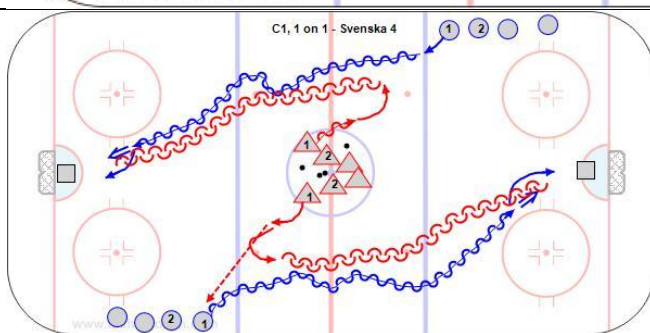
Stickhandling game. 3 players vs each other and try to score.



D400 2-2 and 3-3 Quick Transition

10 min.

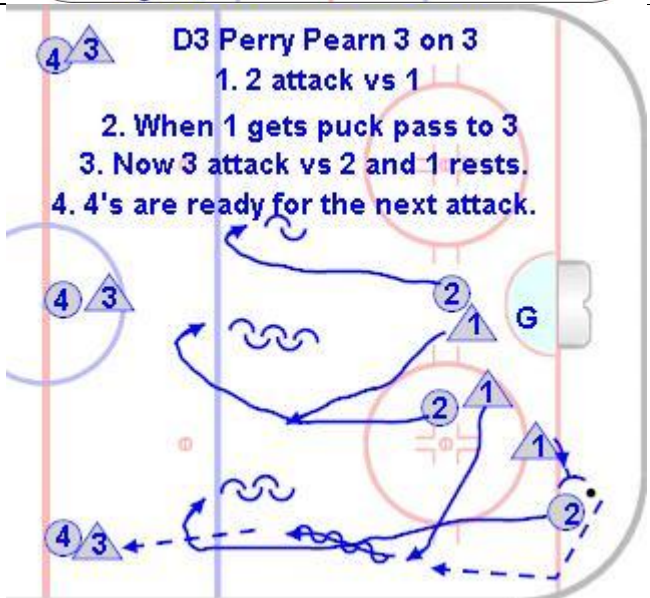
Attack-defend-pass-rest sequence.



C1, 1 on 1

10 min.

Leave from middle and get a puck in the corner.

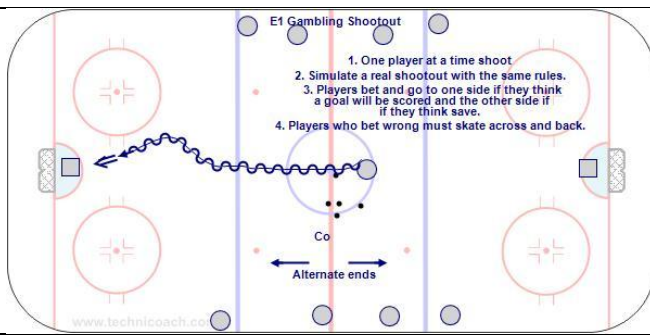


D400 3-3 Game

10 min

Rotation attack-defend-breakout-rest

Encourage creating offensive 2-1's and play man to man on defense.



E1 Gambling Shootout

Bet on the scorer.