



Max Scoring

Pee Wee - Atom

Date: April 7

Time: 11:45

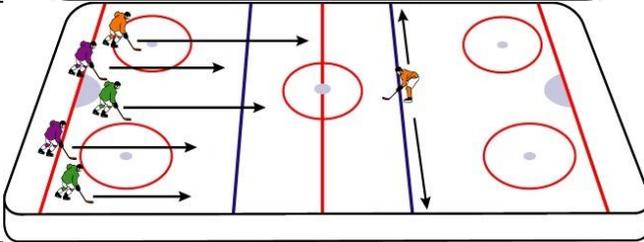
Venue: Winsport

Lines:	Notes:
Skating balance and edges.	Shoot while skating
Puck Support	Skate inside pass outside
Triple threat position	Outlet pass and middle
Waggle move – fake inside go outside	Attack with back pressure
Gretzky move – fake outside go inside.	
Battling	One goalie



A2 Edges and Balance 15 min.

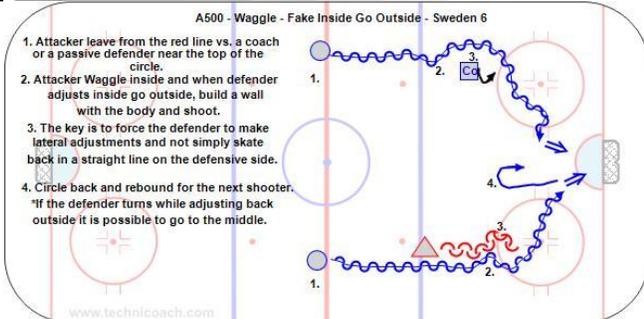
Forward and backward using all edges.



A200 Puck Dog Contest

10 min.

Go end to end without losing the puck.
Last one wins.

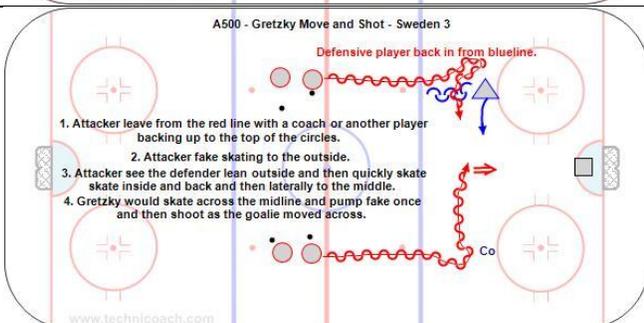


1. Attacker leave from the red line vs. a coach or a passive defender near the top of the circle.
2. Attacker Waggle inside and when defender adjusts inside go outside, build a wall with the body and shoot.
3. The key is to force the defender to make lateral adjustments and not simply skate back in a straight line on the defensive side.
4. Circle back and rebound for the next shooter. *If the defender turns while adjusting back outside it is possible to go to the middle.

A500 Fake inside Go outside – Shoot – Rebound

10 min.

Force the defender to protect the middle and then go wide.
Build a wall and cut in.



1. Attacker leave from the red line with a coach or another player backing up to the top of the circles.
2. Attacker fake skating to the outside.
3. Attacker see the defender lean outside and then quickly skate inside and back and then laterally to the middle.
4. Gretzky would skate across the midline and pump fake once and then shoot as the goalie moved across.

A500 Gretzky Move and Shot – Shoot and Rebound

10 min.

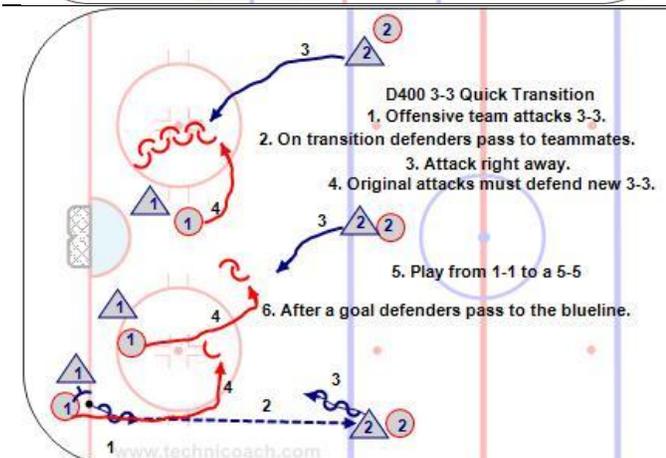
Fake outside and then waggle laterally and to the middle.



D400 1 vs 1 vs 1

10 min.

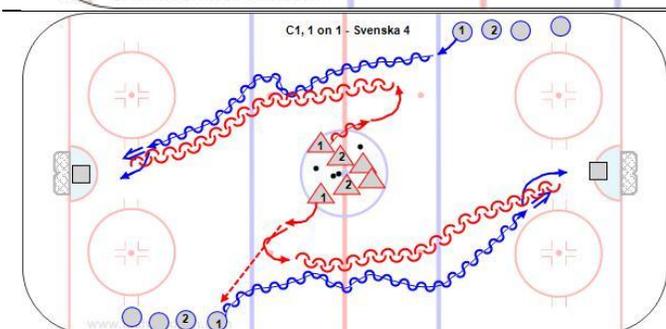
Stickhandling game. 3 players vs each other and try to score.



D400 2-2 and 3-3 Quick Transition

10 min.

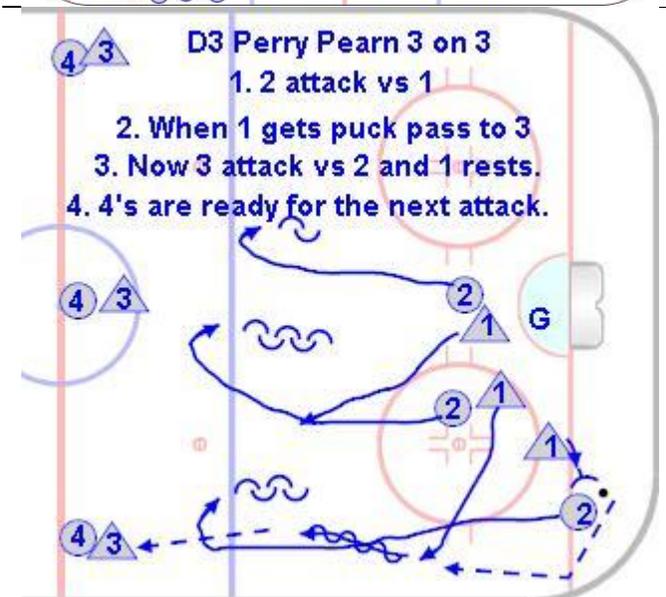
Attack-defend-pass-rest sequence.



C1, 1 on 1

10 min.

Leave from middle and get a puck in the corner.

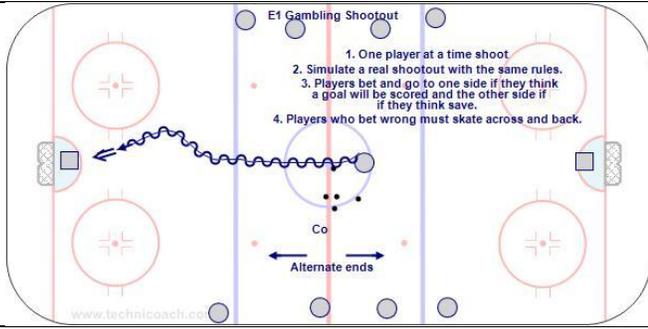


D400 3-3 Game

10 min

Rotation attack-defend-breakout-rest

Encourage creating offensive 2-1's and play man to man on defense.



E1 Gambling Shootout

Bet on the scorer.