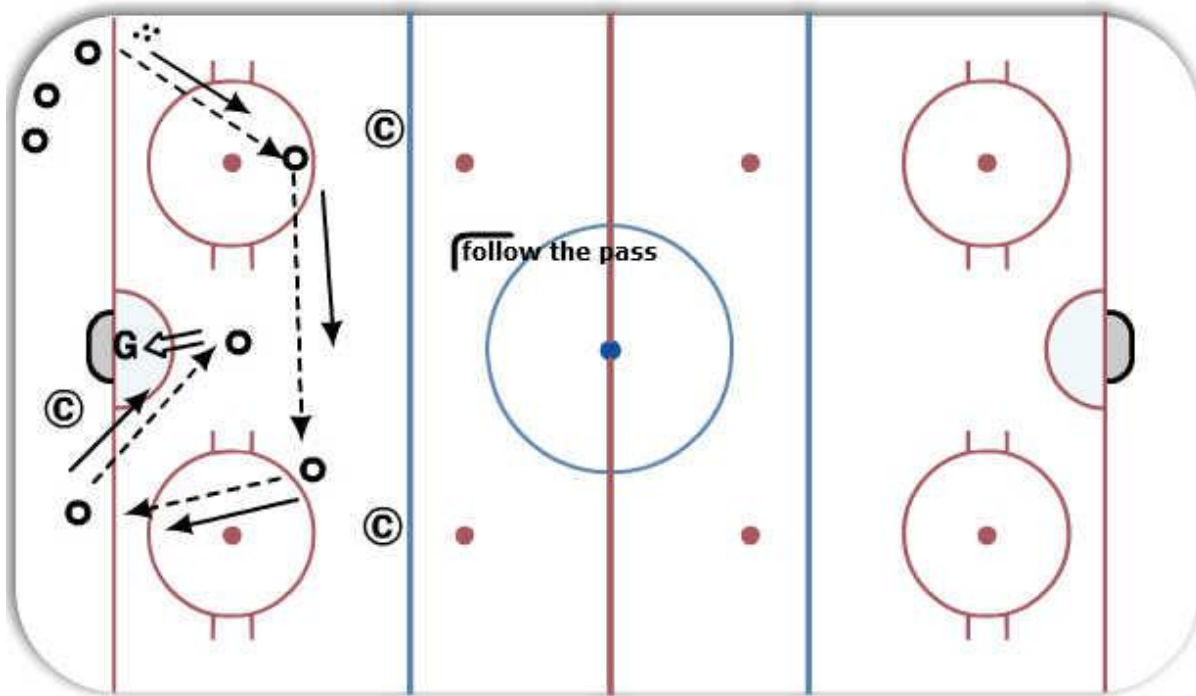


Pass & Move Drill



Description

once the player passes the puck, he takes over that spot.

Teaching the players how to move the puck in the O zone.

Getting into position to receive a pass.

Key Points: passing, moving after pass, ,